



*Engaging, Thought-Provoking,  
and Informative: Dr. Young  
Inspires Audiences to Action!*

*Dr. Young was directed to leave high school in the tenth grade after he failed 6 of 7 classes: graduating with a 1.52 GPA. Yet, almost nine years to the day of nearly ending his life, Dr. Young amazingly defended his dissertation and completed his doctorate degree with a 4.0 GPA.*

### Engagement Topics (Speaking/Workshops)

<ul style="list-style-type: none"> <li>• Maximizing Belief for Success</li> <li>• Overcoming Challenges/Fears</li> <li>• Workplace Bullying/Harassment</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health/Suicide Prevention</li> <li>• Leadership/Entrepreneurship</li> <li>• Ethics/Creating Ethical Cultures</li> </ul>	<ul style="list-style-type: none"> <li>• Healing Through Writing</li> <li>• Discovering Your Purpose</li> <li>• Leveraging Vulnerability</li> </ul>
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### Books/Select Speaking Engagements

- Books:
  - Above Expectations – My Story: an unlikely journey from almost failing high school to becoming a college professor
  - Bullies... They're In Your Office, Too: Could you be one?
  - Choosing To Take A Stand: Changed me, my life, and my destiny
  - Ethical Opportunity Cost: It's a matter of choice
  - It's a Crazy World... Learn From It (Parts I – IV)
  - Management Spotlights: Belief, Communication, Negotiation, Time Management, and Workplace Bullying
  - Turning Darkness Into Light: Inspiring lessons after a near-suicide

- Keynote Speaker:
  - Project Management Institute – Washington, DC Chapter and the University of Denver: "Workplace Bullying"
  - Fairfax County High School and Lynnhaven School: "Commencement Speaker"
  - Department of Health and Human Services (Arlington, VA): "Countdown to Graduation Retreat"
  - Arlington County Library: "Healthy Living Series (Belief)"
- Featured Presenter:
  - Project Management Institute's (PMI) Global Congress
  - Washington Journalism and Media Conference (WJMC)
  - Northern Virginia Community College's Leadership Series

### Biography

Dr. S. L. Young earned his Bachelor of Science Business Administration (BSBA) degree in International Business/Marketing from American University. He also earned two degrees from The George Washington University: Master of Business Administration (MBA) degree in Finance and Investments/Organizational Behavior and Master of Science (M.S.) in Project Management. Dr. Young earned his doctorate (EdD) in educational leadership and organizational innovation from Marymount University. He conducted his doctoral research on student engagement's impact on academic performance.

Dr. Young received the "Dr. Martin Luther King, Jr. Drum Major Innovative Service Award" from the U.S. Department of Education, the "Dr. Martin Luther King, Jr. Trumpet Award" from the Southern Christian Leadership Conference (SCLC) of Prince George's County, the "Distinguished Service Award" from Leadership Arlington, and recognition as volunteer of the month at a local detention facility. Since 2013, Dr. Young has taught over 700 students who happen to be incarcerated.

Dr. Young's professional career includes teaching various business classes in higher education, managing multi-million dollar technology projects, being a personal/executive coach, being a certified Virginia Career Coach, serving as a Virginia district court certified mediator (civil, child and family), and other experiences. Additionally, Dr. Young is a former HuffPost contributor, a singer/songwriter, and the founder of "Beyond SPRH, LLC – [beyondsprh.com](http://beyondsprh.com)."

Additional information about Dr. Young, his work, and outreach is available at [slyoung.com](http://slyoung.com).