



*Engaging, Thought-Provoking,  
and Informative: Inspiring  
Audiences to Action!*

*Dr. Young was directed to leave high school in the tenth grade after failing 6 of 7 classes. Yet, he completed his doctorate degree with a 4.0 GPA. Also, almost nine years to the day of nearly ending his life, he successfully defended his dissertation.*

### Speaking Engagement Topics

<ul style="list-style-type: none"> <li>• Maximizing Belief for Success</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health/Suicide Prevention</li> </ul>	<ul style="list-style-type: none"> <li>• Healing Through Writing</li> </ul>
<ul style="list-style-type: none"> <li>• Overcoming Challenges/Fears</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership/Entrepreneurship</li> </ul>	<ul style="list-style-type: none"> <li>• Discovering Your Purpose</li> </ul>
<ul style="list-style-type: none"> <li>• Workplace Bullying/Harassment</li> </ul>	<ul style="list-style-type: none"> <li>• Ethics/Creating Ethical Cultures</li> </ul>	<ul style="list-style-type: none"> <li>• Leveraging Vulnerability</li> </ul>

### Books/Speaking Engagements

- Books:
  - Above Expectations – My Story: an unlikely journey from almost failing high school to becoming a college professor
  - Bullies... They're In Your Office, Too: Could you be one?
  - Choosing To Take A Stand: Changed me, my life, and my destiny
  - Ethical Opportunity Cost: It's a matter of choice
  - It's a Crazy World... Learn From It (Parts I – IV)
  - Management Spotlights: Belief, Communication, Negotiation, Time Management, and Workplace Bullying
  - Turning Darkness Into Light: Inspiring lessons after a near-suicide

- Keynote Speaker:
  - Project Management Institute – Washington, DC Chapter and the University of Denver: "Workplace Bullying"
  - Fairfax County High School and Lynnhaven School: "Commencement Speaker"
  - Department of Health and Human Services (Arlington, VA): "Countdown to Graduation Retreat"
  - Arlington County Library: "Healthy Living Series (Belief)"
- Featured Presenter:
  - Project Management Institute's (PMI) Global Congress
  - Washington Journalism and Media Conference (WJMC)
  - Northern Virginia Community College's Leadership Series

### Biography

Dr. S. L. Young graduated from the American University with a Bachelor of Science in Business Administration (BSBA) degree in International Business with a marketing focus. He also graduated from The George Washington University with a Master of Business Administration (MBA) degree in Finance and Investments with a focus on organizational behavior and a Master of Science (M.S.) degree in Project Management. Dr. Young's doctoral work and research on student engagement's impact on academic performance were completed at Marymount University.

In 2018, Dr. Young received the "Martin Luther King, Jr. Drum Major Innovative Service Award" from the U.S. Department of Education for Faith-Based and Neighborhood Partnerships as part of the White House Initiative for Educational Excellence for African Americans, the "Distinguished Service Award" from Leadership Arlington, and recognition as volunteer of the month at a local detention facility. Since 2013, Dr. Young has taught over 700 students who happen to be incarcerated.

Dr. Young's professional career includes working with Fortune 500 companies for over a decade. He's also taught a variety of business classes in higher education for over fifteen years. Additionally, Dr. Young is a former HuffPost contributor, singer/songwriter, and founder of the educational non-profit organization "Saving Our Communities at Risk Through Educational Services (SOCARTES – [socartes.org](http://socartes.org))." Dr. Young's for-profit company is "Beyond SPRH, LLC – [beyondsprh.com](http://beyondsprh.com)."

Additional information about Dr. Young, his work, and outreach is available at [slyoung.com](http://slyoung.com).