S. L. Young – slyoung.com | Health Advocate, Inspirational Speaker, Author, Professor, & Radio Host



Engaging, Thought-Provoking, and Informative: Inspiring Audiences to Action!

Speaking Engagement Topics

 Maximizing Belief/Fear 	 Leadership/Entrepreneurship 	Impactful Communication
Overcoming Challenges	Mental Health/Suicide Prevention	Discovering Your Purpose
Workplace Bullying/Harassment	 Ethics/Creating Ethical Cultures 	 Leveraging Vulnerability

Published Works/Speaking Engagements

Books:

- Above Expectations My Story: an unlikely journey from almost failing high school to becoming a college professor
- Bullies...They're In Your Office, Too: Could you be one?
- Choosing To Take A Stand: Changed me, my life, and my destiny
- $\,\circ\,$ Ethical Opportunity Cost: It's a matter of choice
- \circ It's a Crazy World... Learn From It (Parts I IV)
- Management Spotlights: Belief, Communication, Negotiation, Time Management, and Workplace Bullying
- Turning Darkness Into Light: Inspiring lessons after a nearsuicide

- <u>Keynote Speaker:</u>
 - Project Management Institute Washington, DC Chapter and the University of Denver: "Workplace Bullying"
 - Fairfax County High School: "Commencement Speaker"
 - Department of Health and Human Services (Arlington, VA):
 "Countdown to Graduation Retreat"
 - Northern Virginia Community College: "Black History Month"
 - o Arlington County Library: "Healthy Living Series (Belief)"
- <u>Featured Presenter:</u>
 - Project Management Institute's (PMI) Global Congress
 - Washington Journalism and Media Conference (WJMC)
 - \circ Northern Virginia Community College's Leadership Series

Biography

S. L. Young graduated from the American University with a Bachelor of Science in Business Administration (B.S.B.A.) in International Business with a marketing concentration. He also graduated from The George Washington University with a Master of Business Administration (M.B.A.) in Finance and Investments with a human resources concentration and a Master of Science (M.S.) in Project Management.

In 2018, Mr. Young received the "Martin Luther King, Jr. Drum Major Innovative Service Award" from the U.S. Department of Education for Faith-Based and Neighborhood Partnerships, in collaboration with the White House Initiative for Educational Excellence for African Americans.

Mr. Young's professional career includes almost fifteen years with Fortune 500 companies. Also, he's taught a variety of college and university business courses for ten years. Moreover, he discusses include: critical thinking, negotiation, and time management. Mr. Young's upcoming work will focus on persistence/resilience, personal leadership, and living on purpose.

Mr. Young is an author, former HuffPost contributor, professor, inspirational speaker, radio host, and founder of the educational non-profit organization "Saving Our Communities at Risk Through Educational Services (SOCARTES – <u>socartes.org</u>)." Mr. Young's for-profit company is "Beyond SPRH, LLC – <u>beyondsprh.com</u>).

Additional information about Mr. Young's articles, books, videos, and more is available at slyoung.com.

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